

The Dingle School RHE Curriculum Outcomes

Reception

Caring friendships

Learning Intention

To recognise the importance of friendship

Learning Outcomes

Know that friendships can make us feel happy

Know some ways that we can make new friends feel welcome

Being Kind

Learning Intention

To recognise the importance of saying sorry and forgiveness

Learning Outcomes

Know that arguing with friends and then making up can make friendships stronger

That resorting to violence is never right

Families

Learning Intention

To recognise that all families are different

Learning Outcomes

Identify different members of the family

Understand how members of a family can help each other



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Year 1

Different friends

Learning Intention

To understand that we are all different but can still be friends

Learning Outcomes

Know that we can be friends with people who are different to us

Growing and changing

Learning Intention

To discuss how children grow and change

Learning Outcomes

Understand that babies need care and support

Know that older children can do more by themselves

Families and care

Learning Intention

To explore different types of families and who to ask for help

To identify who can help when families make us feel unhappy or unsafe

Learning Outcomes

Know there are different types of families

Know which people we can ask for help



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Year 2

Differences

Learning Intention

To introduce the concept of gender stereotypes

To identify differences between males and females

Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do

Describe the difference between male and female babies

Male and female animals

Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

Learning Outcomes

Describe some differences between male and female animals

Understand that making a new life needs a male and a female

Naming body parts

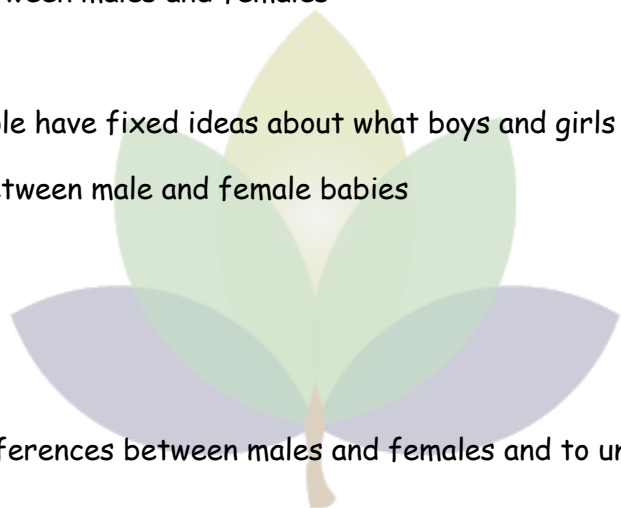
Learning Intention

To focus on differences between males and females and name body parts

Learning Outcomes

Describe the physical differences between males and females

Name the different body parts including the penis and vagina



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Year 3 - Valuing differences and keeping safe

Body differences

Learning Intention

To identify that people are unique and to respect those differences

To explore the differences between male and female bodies

Learning Outcomes

Know and respect the body differences between ourselves and others

Name male and female body parts using agreed words

Personal space

Learning Intention

To consider appropriate and inappropriate physical contact and consent

Learning Outcomes

Understand that each person's body belongs to them

Understand personal space and unwanted touch

Help and support

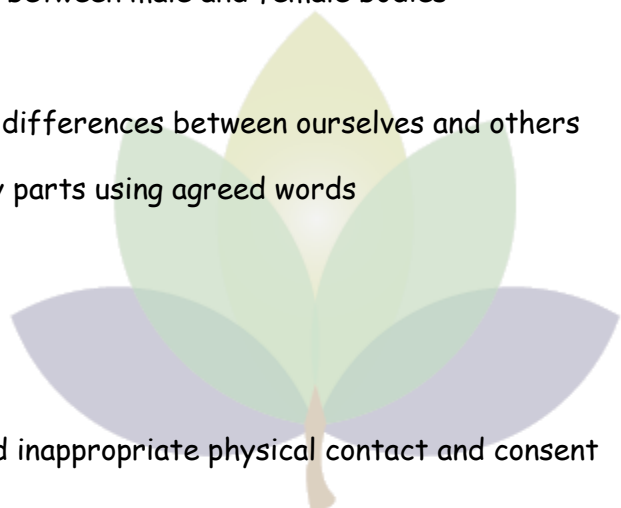
Learning Intention

To explore different types of families and who to go to for help and support

Learning Outcomes

Understand that all families are different and have different family members. To explore the importance of family life at how this is different for all people

Identify who to go to for help and support



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Year 4 - Growing up

Changes

Learning Intention

To explore the human lifecycle

To identify some basic facts about puberty

Learning Outcomes

Understand that puberty is an important stage in the human lifecycle

Know some changes that happen during puberty

What is puberty?

Learning Intention

To explore how puberty is linked to reproduction

Learning Outcomes

Know about the physical and emotional changes that happen in puberty

Understand that children change into adults to be able to reproduce if they choose to but not going in to detail of human reproduction

Healthy relationships

Learning Intention

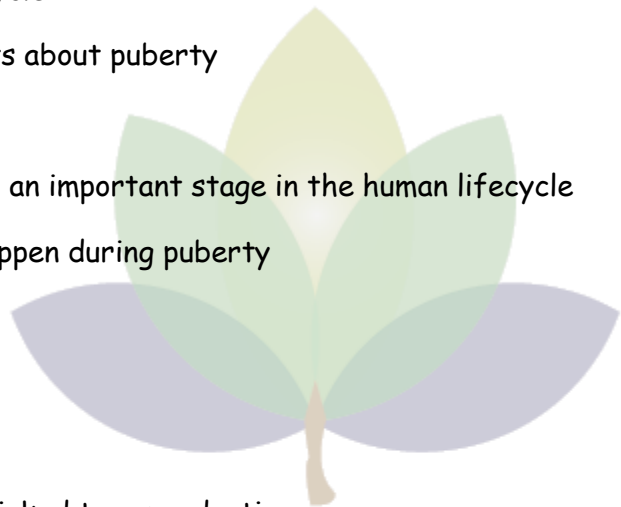
To explore respect in a range of relationships

To discuss the characteristics of healthy relationships

Learning Outcomes

Know that respect is important in all relationships including online

Explain how friendships can make people feel unhappy or uncomfortable.



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Year 5 - Puberty

Talking about puberty

Learning Intention

To explore the emotional and physical changes occurring in puberty

Learning Outcomes

Explain the main physical and emotional changes that happen during puberty

Ask questions about puberty with confidence

The Reproductive system

Learning Intention

To understand male and female puberty changes in more detail

Learning Outcomes

Understand how puberty affects the reproductive organs

Describe what happens during menstruation and sperm production

Help and support

Learning Intention

To explore the impact of puberty on the body and the importance of physical hygiene

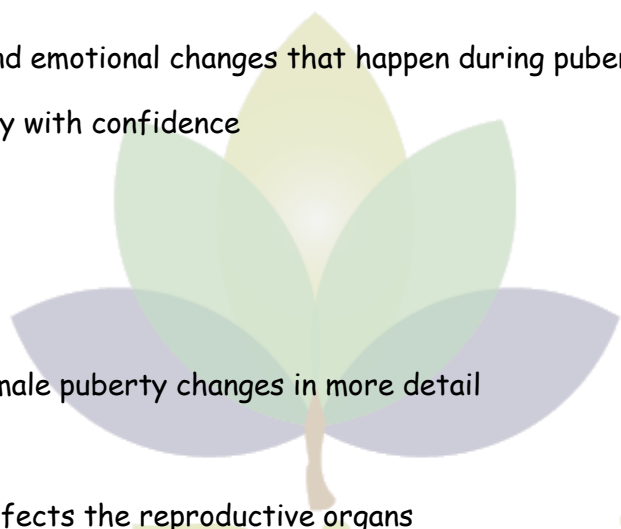
To explore ways to get support during puberty

Learning Outcomes

Explain how to keep clean during puberty

Explain how emotions/relationships change during puberty

Know how to get help and support during puberty



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Year 6 – Puberty, relationships and reproduction

Puberty and reproduction

Learning Intention

To consider puberty and reproduction

Learning Outcomes

Describe how and why the body changes during puberty in preparation for reproduction

Talk about puberty and reproduction with confidence

Communication in relationships

Learning Intention

Exploring the importance of communication and respect in relationships

Learning Outcomes

Explain differences between healthy and unhealthy relationships

Know that communication and permission seeking are important

Families, conception and pregnancy

Learning Intention

To consider different ways people might start a family

Learning Outcomes

Describe the decisions that have to be made before having children

Know some basic facts about conception and pregnancy

Online relationships

Learning Intention

To explore positive and negative ways of communicating in a relationship

Learning Outcomes

To have considered when it is appropriate to share personal/private information in a relationship

To know how and where to get support if an online relationship goes wrong



The Dingle Primary School