

## The Dingle Primary School

### Relationships and Sex Education (RSE) Subject Summary

In RSE pupils are taught the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and adults.

There are 6 main themes of RSE which underpin and weave throughout the whole school RSE curriculum. These areas are: families and people who care for me, caring friendships, respectful relationships, online relationships, being safe and changes in our bodies.

At The Dingle, teaching of RSE starts in Reception when pupils are taught all about family and friendship. They are taught to recognise the importance of friendship, the importance of saying sorry and forgiveness and the that all families are different. From the beginning of school, pupils are taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty, permission seeking and giving, and the concept of personal privacy.

In Years 1 and 2, pupils will build on from these starting points by looking at differences between us, how we change from babies through to adults and identify and question gender stereotypes. They will also learn about people we can ask for help. In Year 2, children will learn about the differences between male and females in terms of animals and humans. They will also begin to name different body parts.

In Years 3 and 4, pupils will understand more about body differences and the physical and emotional changes that happen during puberty as well as exploring the human lifecycle. They will also learn more about how family life is different for all people and seeking help and support if necessary. Children will explore about the characteristics of what makes a healthy relationship and how certain actions can make people feel unhappy or uncomfortable. They will develop an understanding about what is appropriate and inappropriate physical contact with others.

In Years 5 and 6, the curriculum is designed to consolidate all previous learning and ensure that pupils are ready for high school. Learning is focused on the emotional and physical changes that occur during puberty, which includes menstruation and sperm production. The importance of personal hygiene is also taught. In Year 6, pupils learn some basic facts about conception and pregnancy. What constitutes healthy and unhealthy relationships is also taught which includes online relationships.

RSE is taught in discrete lessons but many of the themes and issues that children will learn about cross into other areas of the curriculum. For example, much of the online relationships learning is linked to Computing, specifically online safety, and reproduction learning is linked to Science.

At The Dingle, we ensure that teaching RSE is done in a sensitive and well-judged age appropriate way. We ensure that children have the opportunities to learn about same sex couples, LGBT families, adoptive parents and foster carers amongst other structures.

We expect that through our well planned and focussed RSE curriculum, children will be prepared for High School and into adulthood.

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